

HEALTH AND MEDICINE

AT THE DOCTOR'S

Read the text. Number the pictures A-I in order 1-9. What do the words in bold mean? Underline the stress.

If you **don't feel well** you can make an **appointment** to see your **family doctor (GP)** at the local **health centre**. He will **examine** you and ask what **symptoms** you have. He may **take your pulse** and **temperature** or **take your blood pressure**. Then he will usually **make a diagnosis** and decide how to **treat** you. He may **prescribe** you some **medicine** to **cure** your illness. You take the **prescription** to the **chemist's** or **pharmacy**, where the chemist will usually give you some **tablets/pills**. Read the instructions carefully in case there are any **side-effects**. The doctor may also tell you to **have one or two days off** to rest and recover. With this **treatment** you will normally **get better** in a few days. If the doctor is not sure **what's wrong with you** he may send you to see a **specialist** or arrange for you to **have some more tests**, for example **X-rays**. If you are seriously ill you may need to **go to hospital** and **have an operation**. You may need several weeks to **get over** the operation. It's a good idea to **have a medical check-up** once a year.

SYMPTOMS

- a The same or different? Explain.
- 1 What's the matter with Kate?/What's wrong with Kate?
 - 2 I feel ill./I don't feel well.
 - 3 He feels sick./He's being sick.
 - 4 I feel sick./I feel dizzy.
 - 5 His ankle is swollen./'swəʊlən/ /His ankle is broken.
 - 6 His knee hurts./His knee aches.
 - 7 She's in hospital./She's at the hospital.



b Describe the pictures.

MEDICAL CONDITIONS

- a Write M (minor) or S (serious). Explain what they are.
- | | | | |
|---------------------------|--------------------------|------------------------|--------------------------|
| be pregnant | <input type="checkbox"/> | have a heart attack | <input type="checkbox"/> |
| have an allergy /'ælədʒi/ | <input type="checkbox"/> | have a stroke | <input type="checkbox"/> |
| have a chronic illness | <input type="checkbox"/> | have a virus /'vaɪrəs/ | <input type="checkbox"/> |
| have flu /flu:/ | <input type="checkbox"/> | take an overdose | <input type="checkbox"/> |
| have a hangover | <input type="checkbox"/> | | |

b Underline the stress. Practise saying the words.

ALTERNATIVE MEDICINE

a Match the alternative treatments and descriptions.

touching/pressing the body using plants and herbs
 using needles touching/pressing the bones/muscles

- | | | |
|-----------------------------|---|-------|
| acupuncture /'ækjʊpʌŋktʃə/ | 1 | _____ |
| homeopathic /'həʊmi:əpəθɪk/ | 2 | _____ |
| medicine | 3 | _____ |
| massage /'mæsɑ:ʒ/ | 4 | _____ |
| osteopathy /'ɒstɪ:'ɒpəθi/ | | |

b Underline the stress. Practise saying the words. Do you know any other kinds of alternative medicine?

c Test each other's memory by defining health and medicine words.



b Cover the text. Explain what's happening in the pictures.

AT THE HOSPITAL

Underline the stress. Say what or who the following are.

- an ambulance /'æmbjələns/ Casualty /'kæʒuəlti/
 the operating theatre /'ɒpəreɪtɪŋ 'θiətə/
 a surgeon /'sɜ:dʒən/ a patient /'peɪʃənt/ a ward /wɔ:d/