**3. Sport**

1. Types of sport and their characteristics – summer, winter, attractive, recreational, professional
2. Sport I am interested in – active, passive, reasons.
3. Importance of sport for personal progress – physical and mental health
4. Sport events – championships, The Olympic games
5. Sports – include physical activities in which people or teams play against each other (hrajú jeden proti druhému) and try to win (swimming, horse-racing, climbing, athletics)

Games – are those sports in which at least 2 players are involved. A game is played according to (podľa) a certain set of rules (určitého súboru pravidiel). There is always a referee (rozhodca) who decides who has won (ktorý rozhoduje, kto vyhral). The most popular games are football, rugby, ice hockey, basketball, volleyball, handball, baseball, tennis and golf.

Sports can be divided into: INDOOR sports (halové, tie čo sa hrajú niekde vnútri) that can be practiced all year round (gymnastics, snooker, squash, darts (šípky), table tennis (stolný tenis)) and OUTDOOR sports that are practiced outdoors. Many of them depend on weather (závisia od počasia) and therefore (preto) can be practiced mostly in summer (mountaineering (horolezectvo), hiking (turistika), cycling (cyklistika), most aquatic sports (väčšina vodných športov), athletics (atletika)…) or in winter (skiing (lyžovanie), giant slalom (obrovský slalom), ski jumping, sledding (sánkovanie) or biathlon).

Sports can also be divided into: - SUMMER sports – swimming (backstroke (znak), breaststroke (prsia), crawl, and butterfly), yachting, sailing (preteky na plachetniciach), horse-racing, cycling, tennis, badminton. Many of them can be practiced both (aj) indoors and outdoors.

* WINTER sports – skiing, downhill, ski jumping, sledding, figure skating, speed skating …

People in Slovakia and Britain are really sport loving people. Each of them is interested in at least one sport or a game. Games such as football, rugby, golf and tennis originated (vznikli) in Great Britain. The most popular game in Britain is football (but the Americans call it soccer) The Cup Final (finálový zápas) is the most important match of the year and it is played at Wembley Stadium near London. CRICKET – is a typical English game and the British love it. RUGBY - old game, it is played with an oval ball, hands and feet can be used; Tennis – is played on grass cour or hard court, it is played with a racket and a small elastic ball over the low net. The referee is called umpire. The most important tennis tournament is Wimbledon Grand Slam. It is watched by thousands of spectators (divákmi na štadióne) and TV spectators (televíznymi divákmi) all over the world.

1. Frázy: I am interested in ... (athletics), because I like running. I am fond of skiing, because I like mountains, winter and snow. I am fond of bodybuilding, because I want to have a perfect figure. I watch sport on TV. I like watching sport on TV or at the stadium. I watch world hockey championship (majstrovstvá sveta v hokeji) every year, because Slovakia has many good hockey players. I have never been to world championship but I would love to go. I am a great fan of Chára, Šatan and Višňovský who play in American NHL.
2. You can do sport as an amateur (as a recreational activity) or a professional. Amateurs are people who love physical activity and they practise sport for their own enjoyment (potešenie) or interest. Most of them do their sport because they want to be fit and healthy (zdravý). There are lots of people who go jogging (chodia behať) or fishing (rybárčiť), play basketball, or go to fitness centres and sports clubs after work every day. Doing sport is relaxing for them. It makes them happy and feel good. Together with a healthy diet (spolu so zdravou stravou) it helps them keep fit, lose weight (schudnúť), keep in good mood.
3. The major sport events are the Olympic Games. They are held every four years. There are Summer Olympics, Winter Olympics and Paralympic Games (paraolympiáda). The Olympic Games are the major international sport event in which thousands of athletes participate (zúčastňujú sa) in a variety of competitions. Other important sport events are world hockey championship, football championship and tennis Grand Slam.

Sport and money – bad things the sportsman can do in case the victory is well-paid: he can take steroids, banned substances or other drugs, but they are often tested for steroids, he can sell a match/game, in case of positive test, the jury can suspend him for one or more years or take his medal away from him. Many sportsmen take part in commercials (reklamné inzeráty) for products of international companies.